



1) At Airports:

You must have a valid photo ID & passport to check in at the airports. Keep accessible.

- a. Watch the **size and weight of your luggage** and carry-on.

All luggage must be clearly marked with your name and address. Tag your luggage with an 'eye catching' ribbon. This will be a HUGE help at the airports.

We typically fly SOUTHWEST AIRLINES. They have been cheaper and also offer NON-STOP flights.

**** Most Airlines now charge \$25.00 - \$40.00 EACH WAY, for check-in luggage.** Check with your particular airline for specific limitations.

Pack light and smart (rolling clothes is best) – washing machine available – (if water is)

Keep in mind, the size of your group. Excessive luggage means more space and higher costs for rental transportation while in Jamaica.

- b. Do not pack sharp objects (scissors, pocket knives, metal nail files), liquids OVER 3 oz. each or sprays in carry-on bags.
c. Limit to one *carry-on* plus camera case, laptop, backpack and/or purse.
d. Wear shoes that can be easily removed and put on for convenience at security checkpoints.

Pack foods in check-in luggage. (beef jerky, pkg soups/noodles, are good snacks to have. Also, if you're used to soda drinks, bringing individual water-flavor packets is a good idea to bring)

BE SURE TO HAVE MONEY (\$1.00 bills) to give to Sky Hop at airports (for luggage help). You may have several airports to go through (DEPARTING & RETURNING). \$1.00 PER luggage is suggested.

GENTLEMEN: Please help load & unload luggage at airports, home/hotel, schools, orphanages, churches.

- 2) The Buddy System must be used at all times. (Always travel with a buddy.)
3) Opposite Sex: Please let your conduct be Christ-like. Unless married, no close hugging. No kissing. If there is a reason you need to go into a room of the opposite sex, **DOOR MUST REMAIN OPEN!**
4) Prior to leaving premises, authorization must be obtained by group leader. Upon receiving permission, you must go directly to that location and return. **NO STAYING AT ANY OTHER PLACE.**
5) Attendance at all group gatherings is mandatory, unless ill; **THIS INCLUDES CHURCH.**
6) Be on time for all functions, meals, work details and services.
7) When working outside, wearing a hat and sunscreen is recommended. (especially Summer months)
8) Drink only purchased bottled water. Drink water daily. **Label each bottled water you get;** it is extremely expensive in Jamaica.
9) If you become or feel ill, please contact your group leader immediately.
10) Toilet and shower facilities:
Water rations: there are times the water may be turned off. Please limit showers time. Hot water may or may not be. Bath Towels – please use **more than once.** Clean up bath/sink area after yourself. Place dirty towels after uses in bathrooms.
11) Make up your bed each morning. Tidy your room.
12) When asked to do something, do it 'heartily as unto the Lord'.
13) Resolve all conflict peaceably and quickly. Contact group leader when necessary.
14) While traveling, try to avoid stimulants like caffeine. Drink plenty of water. Try to get a nap on the plane.
15) **NO tobacco, dip, snuff, alcohol, drugs or ANY type of things as this. NO SECULAR MUSIC ALLOWED.**

LADIES: Please help in the kitchen.

FYI (packing reminders)

- 1) All rules and regulations must be adhered to.
- 2) Come prepared to share your heart. Remember our primary goal is to share the message of the love of Christ in our actions and words.
- 3) You will be staying in our home: 1 DeCarteret Garden, Mandeville, Jamaica,
- 4) Bring sunscreen (especially summer months), washcloth, toiletries and personal items. You may want to pack an extra bath towel or two.
- 5) Pack any medicines or vitamins you may need. IMODIUM & PEPTO-BISMOL are good to pack. Also, if you have a problem with 'travel sickness' please bring a Motion Sickness medication. Jamaican roads are EXTREMELY mountainous, curve-y, hilly, & wind-y!
- 6) A cap/visor may be of good use.
- 7) Spending money for snacks and souvenirs: US currency will be exchanged at a Jamaica bank. It is advisable to carry your money in front pocket &/or ladies purse. DIVIDE MONEY: Place a small amount in 'most commonly used area' ...place larger amount of money in opposite area. Please no borrowing – always remember to carry your money at all times. IT IS NOT NECESSARY TO CARRY YOUR PASSPORT after you have checked in to your accommodations area.

DO NOT EXPOSE YOUR MONEY IN PUBLIC!

- 8) Remember to bring your Bible and a camera.
- 9) Pray for one another and those to whom you will be ministering.
- 10) US cell phones will work in Jamaica, however, international calls are extremely expensive! **Make certain to check with your cell provider prior to leaving the US**, let them know your plans of going international & give them those dates. PLEASE MAKE NOTE: If your cell phone is NOT ON AIRPLANE MODE, it will 'bounce' off of other country's towers. This can leave with you an extremely high cell phone bill – we know. **We will have our Jamaican phone, so you will have access to making calls without using your US phone at any given time, for as long as needed. We also have Wi-Fi in our home.**

DRESS CODE:

- Ladies** - no pants/slacks, coo-lots/gauchos or skorts. Dresses or skirts (knee length [below knee], at least). No sleeveless, tank or capped-sleeve tops &/or dresses (unless a sleeved blouse is worn under). No low-cut blouses.

Makeup: If you feel you must wear it, **natural look only**, is permitted. No eye makeup.

- Men** – nice casual shirt and pants for services, unless preaching. Ministers: ties and sport coats are worn but can be removed once in service.
- Ladies/Men** - No shorts, or tank/sleeveless shirts. Work clothes should be lightweight, casual and loose fitting. Painting may be involved.
- Casual shoes/sandals may be worn
- Limit jewelry wearing. NO earrings, nose-rings, belly-rings, toe-rings, facial-rings for men &/or ladies
- No swimsuit attire of any kind – at any time allowed. (this includes if we go to the beach area – we are examples of Christ). **Ladies/Girls** must wear a knee-length skirt (may wear shorts under it) for swimming
Men/Boys must wear long pants if swimming occurs & shirt.

NO WHITE garments allowed for water.

\$25 PER DAY, PER PERSON will be collected upon arrival at the Home. This will cover 2 meals per day in the Home, bottled water, drinks, accommodations & fuel. EXTRA money will be collected if VEHICLE RENTAL is needed. We will let the Team know BEFORE the trip, as to how much rental (if one is needed) will be.

GTMI does have a Biblical standard that we uphold. We will be ministering in numerous places where you will quickly see, very low cut blouses, immodest dressing & much jewelry wearing, even among those in leadership. These people do love God but are in need of someone to 'stand in the gap & make up the hedge', being the Godly example & showing them, as a Christian, there should be...a difference.

Thank you for complying with these guidelines & being in 'one mind & one accord'.

TEMPERATURES:

Summer it's about 75-80. Year-round, temperatures are usually five to 10 degrees cooler in the mountain. Typically sunny year-round, although, Jamaica has rainy months in May, June, September and October. July & August typically get hotter.

TRIP:

Montego Bay to Mandeville – 3-3 ½ hours driving. (Mandeville is near the center of the island)
Kingston to Mandeville – 2 ½-3 hours driving.

YOUR PURPOSE:

To share the Gospel & love of our Lord and Savior, Jesus Christ. To realize that **you** may be the opportunity that one comes to salvation. To be a servant & help to those that come into our pathway. To be a **LIGHT** to the lost & an **EXAMPLE** to the believer.

LOCATION:

We will be ministering throughout the island of Jamaica. Ministry will vary; may consist of “Believer’s or Community Crusades”, children’s ministry: public schools & orphanages, “rebuilding” projects & attending church services. Being involved with His Hands Extended Children’s Home.

The island of Jamaica has a population of more than 2.7 million people. Christians make up 65.3% of Jamaica's population. The Rastafarian movement, aka as “Rasta’s”, was founded in Jamaica. This *Back to Africa* movement believes that Haile Selassie of Ethiopia was God incarnate, the returned black messiah, that come to take the lost Twelve Tribes of Israel back to live with him in Holy Mount Zion in a world of perfect peace, love and harmony. Adherents believe the Emperor Haile Selassie of Ethiopia as the true descendant of Solomon. Bob Marley, a convert to the faith, spread the message of Rastafarian to the world. Rastafarian is a local religion loosely based on some selected teachings of the Old Testament. Some Rastafarians wear their hair in an untended, uncut condition called dreadlocks. Pocomania, is a revivalist cult with many African heritage derivatives. The ritual meetings involve prayers, dances, and rhythmic drumming. Participants often go into a trance, sometimes aided by rum and ganja. Then a worshipper sometimes becomes 'possessed' by a spirit who becomes his or her guardian. One may even be ‘tricked’ into thinking they are Christian, as they claim. It's very similar to Kumina, also practiced in Jamaica. But Kumina is even more African derived. Kumina focuses on appeasing wandering spirits of dead people. Kumina ceremonies are performed for all sorts of occasions. Goats or chickens are frequently sacrificed. Drums and dancing are particularly powerful during Kumina ceremonies, and they use a ritual African language.

Jamaica's agricultural exports are sugar, bananas, coffee, rum and yams. Some areas of Jamaica experience high levels of violent crime. Jamaica has had one of the highest murder rates in the world for many years, usually ranking third.

