

#### $\Rightarrow$ TRAVEL:

- 1. LUGGAGE/AIRPORTS: You must have a valid photo ID & passport to check in at the airports. Keep EASILY accessible at all times.
  - ♦ Watch the size and weight of your luggage and carry-on. CHECK-IN BAGGAGE WEIGHT LIMIT: 50 lbs. All luggage must be clearly marked with your name and address. Tag your luggage with an 'eye catching' ribbon. This will be a HUGE help at the airports.
  - If you are not flying as a "Team", please make note that airlines charge **extra** for *oversized* and *overweight* bags. Some only allow 1 checked bag and 1 carry-on. Please check with your particular airline for specifics. (REMEMBER leave some 'weight room', should you desire to purchase souvenirs. If you bring give-a-way items, you should have plenty of room.)
  - ◆ Pack light and smart (rolling clothes is best) washing machine available. Only line-dry is available. Please keep in mind the Team size you may be with; excessive luggage means more space and higher costs for rental transportation while in Jamaica.
  - ◆ Do not pack sharp objects (scissors, pocket knives, metal nail files), liquids (above 3 oz.) or sprays in carry-on bags.
  - ♦ Limit to one *carry-on* plus camera case, laptop and/or purse.
  - ◆ Wear shoes that can be easily removed and put on for convenience at security checkpoints.
  - ♦ Do not pack film in your suitcase. Keep it in your carry-on. The new scans for luggage are strong enough to affect film.
  - ◆ Pack SNACKS in **check-in** luggage. (beef jerky, pkg soups/noodles, are good snacks to have. Also, water-flavor packets is a good idea to bring)
  - ◆ BE SURE TO HAVE MONEY (\$1.00 bills) to give to Sky Hop at airports (for luggage help). You may have several airports to go through (DEPARTING & RETURNING). \$1.00 PER luggage is suggested. GENTLEMEN: Please help load & unload luggage at airports, home/hotel, schools, orphanages, churches.
  - While traveling, try to avoid stimulants like caffeine. (Traveling from airport to the home, restrooms are RARE; trees are plenteous)

    Try to get a nap on the plane.
- 2. The Buddy System must be used at all times. (Always travel with a buddy.)
- 3. Opposite Sex: Please let your conduct be Christ-like. Unless married, no close hugging. No kissing. If there is a reason you need to go into a room of the opposite sex, **DOOR MUST REMAIN OPEN!**
- 4. Prior to leaving premises, authorization must be obtained by group leader. Upon receiving permission, you must go directly to that location and return.
- 5. Attendance at all group gatherings is mandatory, unless ill. Please be on time for all functions, meals, work details and services.
- When working outside, wearing a hat and sunscreen is recommended. (applies to summer months)
- 7. Drink only purchased bottled water. STAY HYDRATED. Label each bottled water you get; it is very expensive in Jamaica.
- 8. If you become/feel ill, please contact your group leader immediately.
- 9. Come prepared to share your heart. Remember, our primary goal is to share the message of the love of Christ in our actions and words.
- 10. Pray for one another and for those to whom you will be ministering.
- 11. Remember to bring your Bible.
- 12. A camera may be used, but please use caution. Some Jamaicans may not like feeling like a 'spectacle'.

# $\Rightarrow$ TOILET/SHOWER:

- 1. Please limit shower time. Hot water may or may not be (it is solar-heated). One shower per day, unless you are preaching.
- 2. Bath Towels please use more than once.
- 3. Clean up bath/sink area after yourself. Make up your bed each morning. Tidy your room. When asked to do something, please do it 'heartily as unto the Lord'.
- 4. GUYS please keep toilet seat 'clean' &

### ⇒ MEALS/KITCHEN

- 1. It is typically cheaper to eat out. Meals are about \$10-12 each.
- 2. We will purchase water, snacks and some food items at the market.
- 3. Coffee will be made each morning for those who drink it. (please let us know.)
- 4. We will have juices for breakfast time.
- 5. PLEASE LABEL ALL DRINKS/WATER.

LADIES: Please help in the kitchen. Wash, dry, put away any dishes. Set table.

GUYS: Please see that the trash is taken out & fresh bag put in trash can.

### ⇒ ACCOMODATIONS:

- 1. You will be staying in our home: 10 Waltham Road, Mandeville, Jamaica,
- 2. PACK washcloths, toiletries and personal items. You may want to pack an extra bath towel or two, depending on length of stay.
- 3. Pack any medicines or vitamins you may need. IMODIUM & PEPTO-BISMOL are good to pack.
  - ♦ If you have a problem with 'travel sickness' please bring a Motion Sickness medication. Jamaican roads are EXTREMELY mountainous, curve-y, hilly, & wind-y!
- 4. A cap/visor may be of good use.
- 5. Suntan lotion/Sunscreen may be helpful. (summer months only)
- 6. US cell phones will work in Jamaica, however, international calls are extremely expensive. It is best to place your phone on AIRPLANE MODE when leaving the States. Check with your cell provider prior to leaving the US. Let them know your plans of going international & give them those dates. PLEASE MAKE NOTE: If you leave your cell phone "on", it will 'bounce' off of other country's towers. This can leave you with an extremely high cell phone bill; we know. We will have our Jamaican phone, so you will have access to making calls without using your US phone at any given time, for as long as needed.

## $\Rightarrow$ MONEY:

- 1. US currency will be exchanged at a Jamaica bank in Mandeville. DO NOT EXCHANGE AT AIRPORT.
- 2. It is advisable to carry your money in front pocket &/or ladies purse. DIVIDE MONEY: Place a small amount in 'most commonly used area'. place larger amount of money in opposite area.
- 3. Please no borrowing.
- 4. Carry your money at all times.
- 5. DO NOT EXPOSE YOUR MONEY IN PUBLIC!
- 6. **DEBIT CARDS CAN BE USED**; we always use ours & have never had a problem. You get a HIGHER EXCHANGE RATE when using one. CONTANCT YOUR FINANCIAL INSTITUTION to let them know you will be in Jamaica, and give them those dates.

### **⇒** DOCUMENTS:

- 1. Valid I.D. & Passport
- 2. It is not necessary to carry your passport with you after you have checked in to your accommodations area.
- 3. Airline will issue you an IMMIGRATION DOCUMENT. FILL OUT FULLY. DO NOT LEAVE ANY BLANKS. (Jamaican Immigration Officer will send you to the back of the line).
- 4. IMMIGRATION INFO YOU WILL NEED:
  - I. Passport #,
  - II. Intended Jamaica address: 10 Waltham Road, Mandeville, Manchester
  - III. Flight name; Flight #
  - IV. Departing port: (IAH Houston Intercontinental)
  - V. Travel date
  - VI. Purpose of visit: "Other" Missions (Ecclesia Worship Center In Christ, Cross Keyes, South Manchester. Rev. Steve Edwards)
  - VII. "I Am Bringing": ✓ NO on ALL.

### YOU HAVE NOTHING TO "DECLARE"

### **⇒** TRIP FROM JAMAICAN AIRPORT:

Montego Bay to Mandeville -3-3 % hours driving. (Mandeville is near the center of the island) Kingston to Mandeville -2 %-3 hours driving.

### ⇒ DRESS CODE:

#### Ladies -

- ◆ No pants/slacks, coolots/gauchos or skorts. Dresses or skirts (knee length [below knee] at least).
- ◆ No sleeveless, tank or capped-sleeve tops &/or dresses (unless a sleeved blouse is worn under).
- ♦ No low-cut blouses.
- ♦ Makeup: natural look only.

### Men-

♦ Nice casual shirt and pants for services. Minister: Suit/sport coat, tie. Bring a shirt to change into. Hanky/hand towel.

### Ladies/Men -

- ♦ No shorts. Work clothes should be lightweight, casual and loose fitting. Painting may be involved.
- ♦ Casual shoes/sandals may be worn.
- ◆ Limit jewelry wearing. NO earrings, nose-rings, belly-rings, toe-rings, facial-rings, tongue rings for men &/or ladies.
- ◆ No swimsuit attire of any kind, at any time allowed. This includes if we go to the beach/swim area. Should we go to the water area, girls/ladies must wear a skirt (may wear shorts under it)

boys/men must wear long pants.

♦ NO WHITE garments allowed for water. Our desire is to be examples of Christ.

Thank you for complying with these guidelines & being in 'one mind & one accord'

Resolve any conflict peaceably and quickly. Contact group leader when necessary.

### ⇒ ISLAND INFO:

The Rastafarian movement,

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Haile Selassie of Ethiopia was God incarnate, the returned black messiah, that come to take the lost Twelve Tribes of Israel back to live with him in Holy Mount Zion in a world of perfect peace, love and harmony. Adherents believe the Emperor Haile Selassie of Ethiopia as the true descendant of Solomon.

Bob Marley, a convert to the faith, spread the message of Rastafarianism to the world. It is a local religion loosely based on some selected teachings of the Old Testament. Some Rastafarians wear their hair in an untended, uncut condition called dreadlocks.

They believe "Jah" (God) created all, therefore, ganja (marijuana) is used as worship.

**JAMAICA** 

- Pocomania, is a revivalist cult with many African heritage derivatives. The ritual meetings involve prayers, dances, and rhythmic drumming. Participants often go into a trance, sometimes aided by rum and ganja. Then a worshipper sometimes becomes 'possessed' by a spirit who becomes his or her guardian. It's very similar to Kumina, also practiced in Jamaica. But Kumina is even more African derived. Kumina focuses on appeasing wandering spirits of dead people. Kumina ceremonies are performed for all sorts of occasions. Goats or chickens are frequently sacrificed. Drums and dancing are particularly powerful during Kumina ceremonies, and they use a ritual African language
- ♦ Jamaica's agricultural exports are sugar, bananas, coffee, rum and yams. Some areas of Jamaica experience high levels of violent crime. Jamaica has had one of the highest murder rates in the world for many years, usually ranking third.
- ◆ Jamaicans speak English, however, they do have their own language which is called, Patois. It is an African-Creole. You are ok with asking them to 'please repeat', if you do not understand them. They were once ruled by Great Britain and was an English Colony. The received their Independence in August, 1962.
- ◆ Jamaica is very mountainous. PLEASE MAKE US AWARE BEFORE LEAVING JAMAICAN AIRPORT, IF YOU GET 'CAR SICK'. The roads are extremely wind-y. 

  Not even kidding!

### **TEMPERATURES:**

Summer it's about 75-80. Year-round, temperatures are usually five to 10 degrees cooler in the mountains. Mandeville is the second highest point on the island; the "Blue Mountains", where Jamaican coffee is grown, is the first. Typically it is sunny year -round, although, Jamaica has rainy months in April, May, June, September and October

### **⇒** MY PURPOSE:

To share the Gospel & love of our Lord and Savior, Jesus Christ. To realize that **you** may be the opportunity that one comes to salvation. To be a servant & a help to those that come into our pathway.

### All rules and regulations must be adhered to.

Thank you so much for your desire to take this missions trip to a most beautiful island that holds some of the most precious souls of men. I count it a great honor that you have chosen to come! My prayer is that as you give of yourself, the Lord will give of Himself, to you. I have found in doing missions the past 26 years, 16 of those years serving in Jamaica, that it only GROWS! Of course, missions, is God's heartbeat!

If you have any questions or concerns, please feel free to reach out to me.

Hís bondservant, Benny Torbert 409-782-5313